

Hong Kong to nurture dietetic professionals with new academic programme

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Nurturing dietetic professionals equipped with both specialised expertise and practical experience for the local healthcare industry



In response to the growing demand amid Hong Kong's rapidly ageing population for healthcare professionals such as dietitians, The Hong Kong Polytechnic University (PolyU) has launched the Master of Science (MSc) in Dietetics programme in the 2025/26 academic year to nurture a new generation of dietetic professionals.

PolyU has signed a collaborative agreement with HKSH Medical Group to provide clinical placement opportunities for students of the programme. This collaboration marks a significant step for both parties in nurturing dietetic professionals equipped with both specialised expertise and practical experience for the local healthcare, food industry, research, education and public health sectors, benefiting the community.

Beginning in the 2026/27 academic year, HKSH will offer students from the PolyU MSc in Dietetics programme exceptional hands-on professional training opportunities in a leading private clinical setting. Through structured clinical placements at HKSH, students will be able to apply their academic knowledge. Direct mentorship from experienced dietitians at HKSH will provide invaluable guided exposure to advanced dietetic practice. This will include participating in nutrition screening and consultations for inpatients and outpatients, allergy testing, health assessment, and in the provision of personalised nutritional advice before and after treatment for patients undergoing various cancer therapies, further honing their professional competence.

In addition, registered dietitians from HKSH will serve as mentors for students completing their capstone projects, and provide guidance in research and clinical audit to help lay a solid foundation for students to pursue careers in the local medical and healthcare industry.