BioSpectrum
the business of Bio & Health Sciences
ASIA EDITION

Singapore unveils 2023 action plan for successful ageing

February 10, 2023 | News

Funding will be provided to enhance research on dementia, catalyse new innovations, and scale up solutions that have shown good outcomes to delay or manage dementia



The Ministerial Committee on Ageing (MCA) in Singapore has launched the 2023 Action Plan for Successful Ageing to address the evolving needs and aspirations of current and future seniors.

To cater to the greater diversity in experiences, aspirations and needs of Singaporeans, the refreshed Action Plan formulates an extensive set of many ground-up responses towards ageing which involves many people-private-public sector initiatives. In the process of developing the measures, the Government has engaged over 5,000 Singaporeans through more than 40 engagement sessions starting in 2019 to co-create the 2023 Action Plan and its new initiatives.

To enhance care and support for persons living with dementia and their caregivers, the Ministry of Health (MoH) and its partners adopt a comprehensive approach along five pillars, namely, (1) prevention and awareness; (2) early identification and diagnosis of dementia; (3) empowerment of persons living with dementia to age well in the community and support for their caregivers; (4) development of innovative care models; and (5) capability building through training and education.

National Parks Board is working towards setting up 25 Therapeutic Gardens across parks island-wide by 2027 and will also continue facilitating Therapeutic Horticulture programmes to promote better physical and mental health of seniors.