

Singapore embarks on first-of-its-kind collaboration for pilot health district

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The objective is to create integrated solutions to enhance the health and well-being of residents in Queenstown across their life stages

The Housing & Development Board (HDB), the National University Health System (NUHS) and the National University of Singapore (NUS), together with multiple stakeholders from the public, private and people sectors, are embarking on a first-of-its-kind collaboration to develop the Health District @ Queenstown pilot.

The Health District @ Queenstown is overseen by the Minister of State for National Development, and Communications and Information, Tan Kiat How, together with Parliamentary Secretary, Ministry of Health, and Ministry of Communications and Information, Rahayu Mahzam, and Parliamentary Secretary, Ministry of Culture, Community and Youth, and Ministry of Social and Family Development, Eric Chua.

Queenstown has been selected as the pilot site for the Health District as its demographics closely mirror Singapore's projected national demographics by year 2030. The town currently has one of the oldest populations in Singapore.

NUHS will implement an enhanced My Health Map programme to improve residents' access to preventive health services by bringing health screenings on-site to residents where appropriate and conducting health talks within the community.

Eligible residents will be also invited to join the SINGapore GERiatric Intervention Study to Reduce Cognitive Decline and Physical Frailty (SINGER), which seeks to reduce the risk of cognitive impairment and dementia.