

## US Joins India in trials for ayurveda formulations against COVID-19

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## Research begins evidencing Ayurvedic Medicine as COVID-19 Treatment



A group of eminent Indian-American scientists and doctors met with the Indian Ambassador to the US, Taranjit Singh Sandhu, to discuss joint Indian and US trials of Ayurveda formulations for COVID-19.

Researchers argue that these medicines have a remarkable record in treating various diseases including COVID-19. They believe that clinical trials are needed to "get rid of all the doubts" around its effectiveness. A huge network of institutional engagements have finally brought scientific communities between the two countries together in the fight against the novel coronavirus.

"Researchers from IIT-Delhi are cited for the idea that Ashwagandha, an Ayurvedic medicine, can treat COVID-19. The plant contains withanone which can impact the COVID-19's enzyme responsible for replication, if used along with an active ingredient of propolis called Caffeic Acid Phenethyl Ester (CAPE)." says Indian Ambassador to the US, Tahitranjit Singh Sandhu.