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J&J Malaysia emphasizes on importance of mental health

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Healthcare company spreads cheer by distributing Raya cookies and dates to patients in UMMC



Mental health is fast becoming a national concern. By 2020, one in three Malaysians are expected to suffer some form of mental health problem. Seeing this, Johnson & Johnson Malaysia, in collaboration with the Mental Illness Awareness and Support Association (MIASA) and Malaysia Mental Health Association (MMHA), is spreading cheer this Ramadhan by baking and distributing cookies to patients in the psychiatric ward in University Malaya Medical Centre (UMMC). This collaboration also aims to start the conversation going among Malaysians in discussing mental health, including lifting the stigma attached to it.

As a leading healthcare company, Johnson & Johnson is focused on supporting mental health issues and opportunities. Managing Director of Johnson & Johnson Malaysia Chin Keat Chyuan said, "The statistics are troubling; mental health is expected to be the second biggest health problem for Malaysians by 2020 after heart disease."

"We are proud of this collaboration, in touching the lives of patients and advocating mental health awareness. Campaigns like this will help educate the public to maintain their mental health in ensuring all-around wellbeing in the long run," said Chin.